



BIKELEAGUE.ORG

Teaching Cycling as Transportation

Accelerating Active Transportation Change in Northern Virginia

March 25, 2021

ALISON DEWEY

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THE LEAGUE
OF AMERICAN BICYCLISTS
since 1880

The League of American Bicyclists



The League of American Bicyclists



- » Advocates
- » Educates
- » Sets the standards
- » Protects the rights of bicyclists





The League's National Programs

- » Bicycle Friendly America
- » Smart Cycling
- » Active Transportation Leadership Institute
- » Federal, State, and Local Advocacy





Smart Cycling

Basic, Intermediate, Advanced Skills



SMART CYCLING
MANUAL



MANUAL
PARA UN
CICLISMO
SEGURO



BICYCLE FRIENDLY DRIVER



Smart Cycling

Bicycle Friendly Driver



Avoiding a Left

Cross

Tips for Sharing the Road



- ☑ If there is oncoming traffic, **slow down, stop and wait to turn** until traffic clears, including bicyclists
- ☑ Watch for oncoming bicyclists as it may be difficult to **judge their speed and distance**
- ☑ Watch for oncoming bicyclists in the **'shadow' of a vehicle**





Smart Cycling

Quick Guide in multiple languages



SMART CYCLING
QUICK GUIDE



GUÍA RÁPIDA PARA EL
CICLISMO
SEGURO



CYCLISME MALIN
PETIT
GUIDE



ĐÁP XE THÔNG THÁI
HƯỚNG
DẪN NHANH



КРАТКОЕ
РУКОВОДСТВО
ПРОГРАММЫ SMART CYCLING



스마트 사이클링
간단 가이드



កាត់ណាត់ខ្លី
អំពីការជិះកង់ឆាប់





LOG IN

CREATE ACCOUNT

HOME

FAQS

CATALOG

CONNECT LOCALLY

Find local events, classes, bike shops and more.

enter 'city,state' or zip co



LEARNING
CENTER

Connect Locally.

Connect to local League partners and resources. Find Instructors, bike shops, clubs, advocacy organizations and more.

LEARN MORE



HOW TO GET INVOLVED

[Join or Renew your membership](#) in the growing movement of cyclists, united for better biking.



SMART CYCLING

BICYCLE
FRIENDLY
DRIVER



Coming SOON! BICYCLE FRIENDLY DRIVER

BUY
QUICK
GUIDES



BUY EDUCATION MATERIALS

Online Learning: learn.bikeleague.org



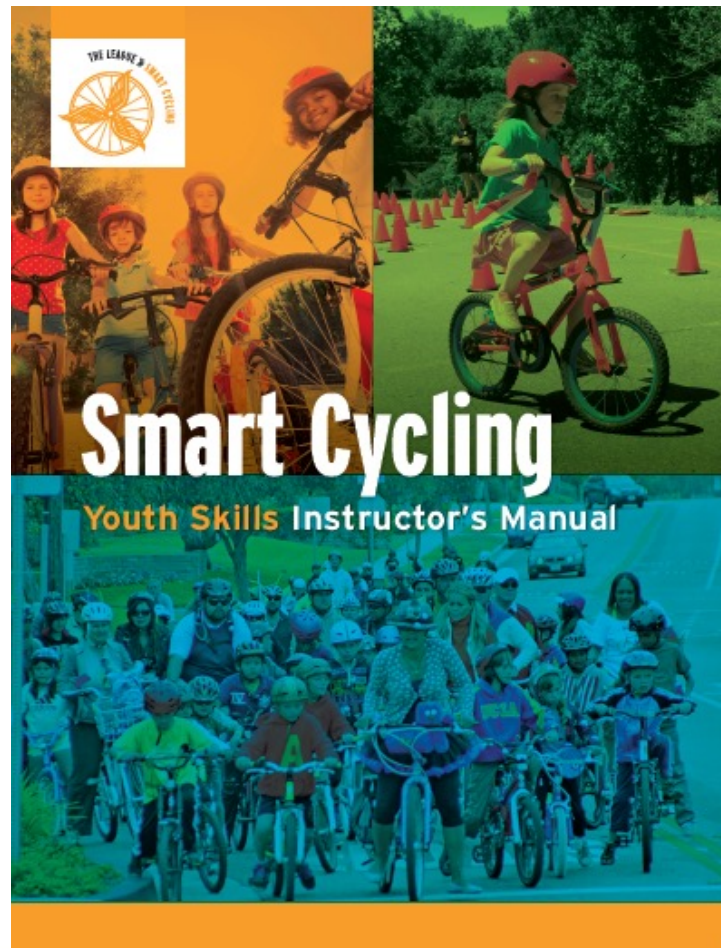
Smart Cycling

Group Riding, Youth Skills



GROUP RIDING

SAFETY SKILLS CLINIC INSTRUCTOR'S MANUAL



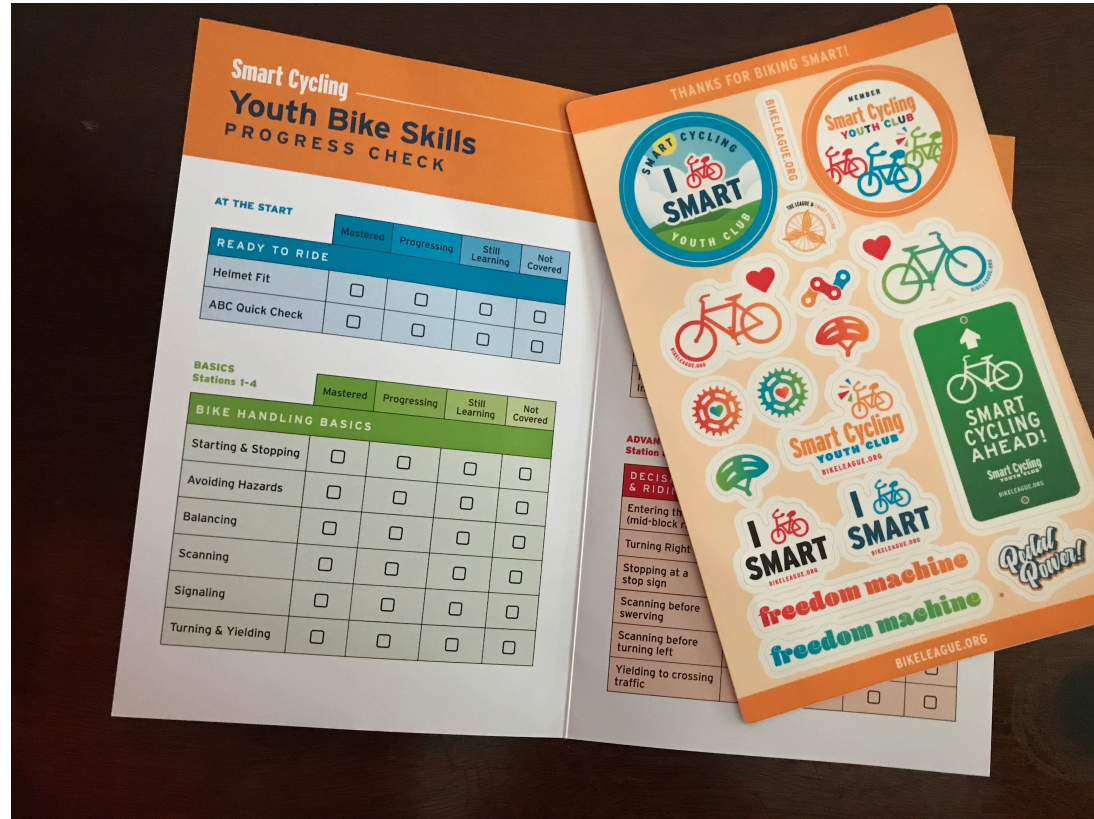
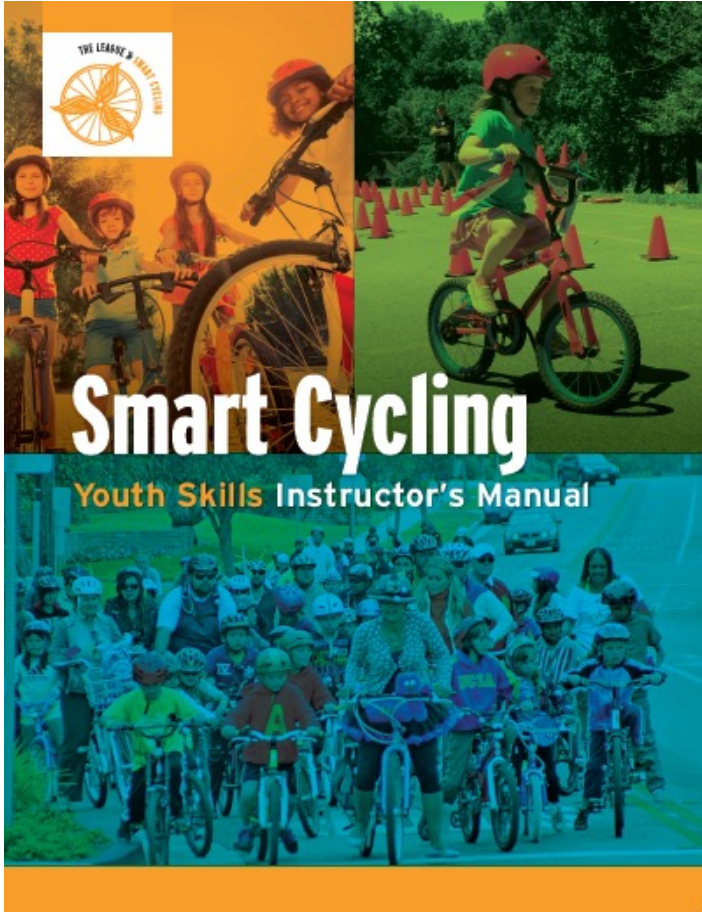
THE LEAGUE » SMART CYCLING





Smart Cycling

Youth Skills Manual & Youth Skills Kit





League Cycling Instructor (LCI) Network





Successful Youth Cycling Education Programs in Schools



bike.nyc/education/programs/



WALK! BIKE! FUN! is a comprehensive curriculum that teaches safe traffic behavior through classroom activities and on-the-bike skills practice. The goals of the extensive lesson plans are to teach kids to obey the rules and become safety, confident, and help them stay safe, active, and healthy.

bikemn.org/education/walk-bike-fun



dcps.dc.gov/page/health-and-physical-education



Successful Youth Cycling Education Programs in Schools



cascade
BICYCLE CLUB
cascade.org/learn/lets-go



localmotion.org/bike_smart_kids



cityofpaloalto.org/



bikeutah.org/youth



League Cycling Instructor (LCI) Network

bikeleague.org/connect

https://bikeleague.org/bfa/search/map?bfaq=



ABOUT THE LEAGUE
BICYCLE FRIENDLY AMERICA
NATIONAL BIKE SUMMIT®
SMART CYCLING
ADVOCACY
THE LEADERSHIP INSTITUTE
NATIONAL BIKE MONTH
NATIONAL BIKE CHALLENGE
LEAGUE STORE
MEMBERSHIP

SHOWING RESULTS FOR:

Map Satellite

Canada

ALBERTA MANITOBA

BRITISH COLUMBIA SASKATCHEWAN

ONTARIO QUEBEC

WASHINGTON OREGON

NEW YORK MAINE

VT NH CT RI

Illinois Indiana Ohio Pennsylvania Maryland Delaware New Jersey

United States

San Francisco California Nevada Utah Colorado Kansas Missouri Kentucky West Virginia Virginia North Carolina South Carolina Georgia Texas Louisiana Mississippi Alabama Florida

Los Angeles San Diego Arizona New Mexico Oklahoma Arkansas Tennessee North Carolina South Carolina Georgia Texas Louisiana Mississippi Alabama Florida

Dallas Houston

Chicago Toronto Ottawa Montreal Philadelphia

EXPLORE BICYCLE-FRIENDLY AMERICA [X]

FIND LOCAL ORGANIZATIONS, INSTRUCTORS, BIKE SHOPS, RIDES, EVENTS AND MORE!

enter 'city, state' or zip code

Google

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LCI Benefits

- » Insurance
- » Curriculum
- » National Certification
- » National Network of Instructors
- » Marketing materials, guidance, webinars, etc.





Northern Virginia Regional Commission LCI Seminar, August 2020



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Thank You!

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