



Accelerating Active Transportation in Northern Virginia

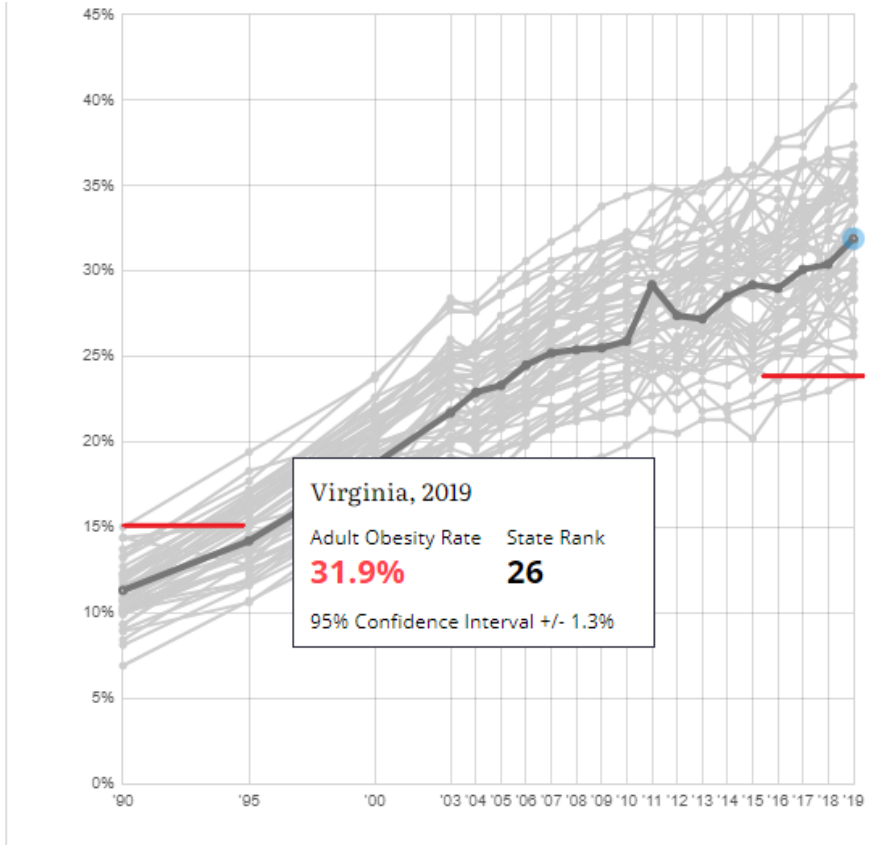
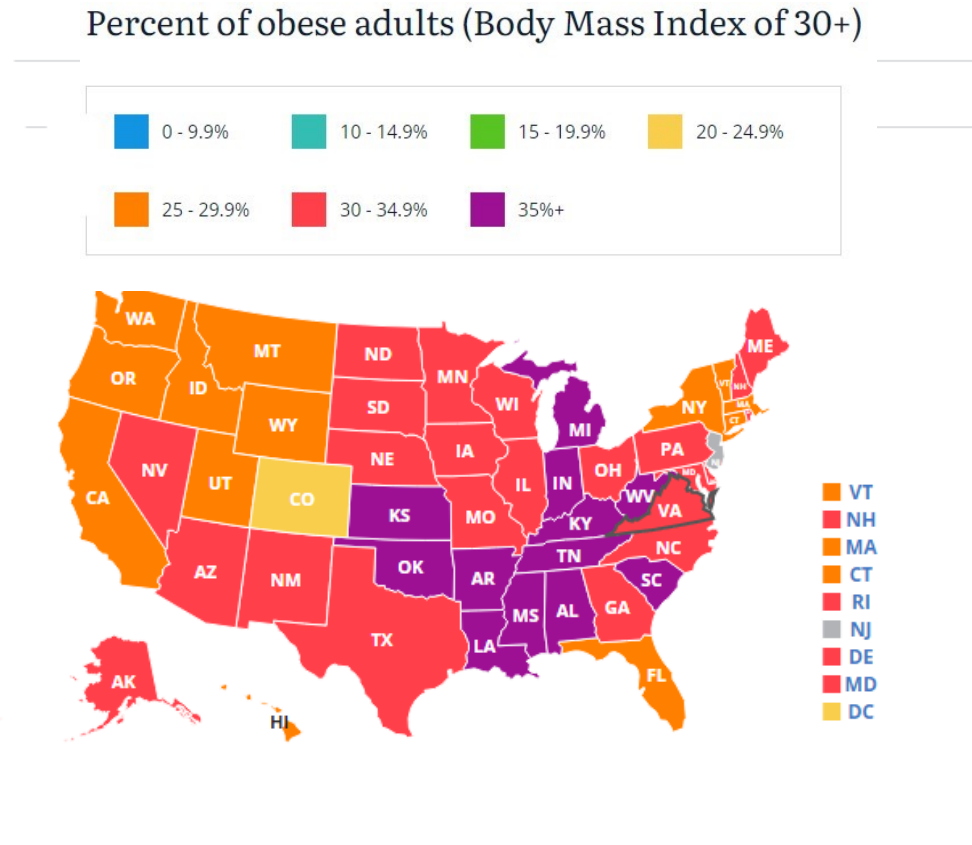
Break Out Session #6: Active Transportation and Health

March 25, 2021

Housekeeping

- ❑ Today's break-out sessions are being recorded.
- ❑ All attendees have been muted. Please put questions in the chat box.
- ❑ Closed captioning is available at all sessions.
- ❑ Today's presentations and session recordings will be available on the George Mason transportation site at <http://transportation.gmu.edu>

Public Health Epidemic: Obesity



Source: <https://stateofchildhoodobesity.org/adult-obesity/>

Arlington: Really, Really Good with Plenty of Laurels



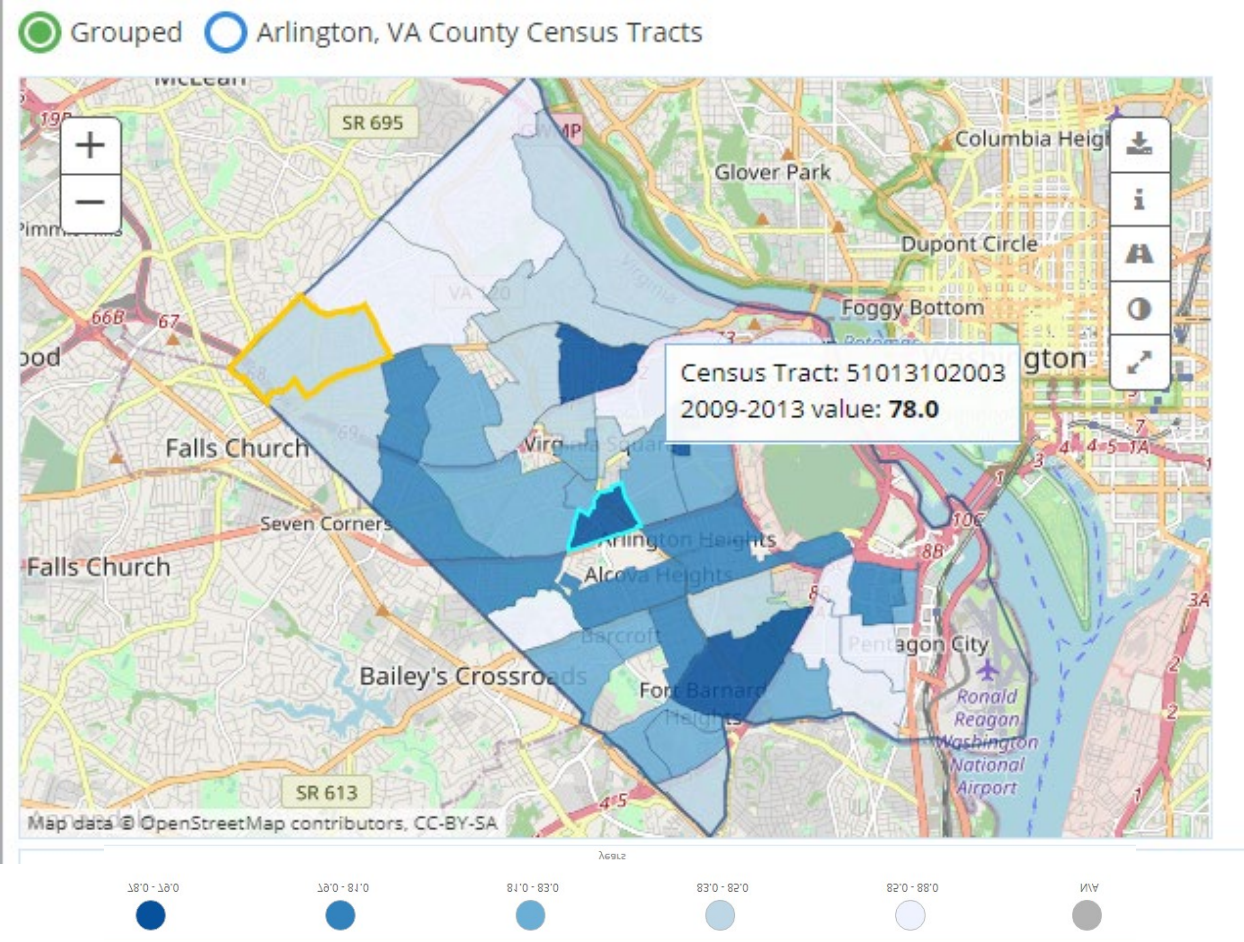
Arlington Adult Obesity Rate: 20%



But there is room for improvement



Other Indicators of Health Inequities: 10-year difference in Life Expectancies



Positive Changes: New Walk Area Carlin Springs Road



Health & Active Transportation Presenters



Anna Ricklin
Health in All
Policies Manager
Fairfax County



Torsha Bhattacharya
Director of Research
Rails to Trail Conservancy



Danielle Arigoni
Director of
Livable Communities
AARP