

The Rick Holt Active Transportation Advocate Award

Nominee's Name: _____ G#: _____

Department: _____

Supervisor's Signature: _____

Department Head's Signature: _____

Date: _____

This award is named after Rick Holt, “the Mason bike dude” who was a trainer in Human Resources and Payroll for 14 years, retiring in 2021. In addition to being an enthusiastic bike commuter, Rick was also a League of American Bicyclist, League Certified Instructor (LCI). Rick contributed his expertise on a regular basis, teaching classes, serving on committees, and encouraging the Mason community to try active commuting.

The Rick Holt Active Transportation Advocate Award recognizes a Mason faculty or staff member who is committed to utilizing, promoting, and advocating for the use of active transportation as part of their daily commute life. According to the Centers for Disease Control and Prevention (CDC), “active transportation is any self-propelled, human-powered mode of transportation, such as walking or bicycling.” Commuting by bike or by walking in whole, or in part, encourages health and well-being and contributes to the potential reduction of greenhouse gases if used in place of commuting by car alone or as part of a multi-modal strategy for commuting.

The award recipient will receive \$200 and be recognized at the spring Outstanding Achievement Awards celebration.

Criteria

- Nominee must be a University employee for at least one year.
- Demonstrates a commitment to the use of active transportation in their own commute to Mason as well as in their daily life choices.
- Advocates, supports, or encourages others to utilize active transportation modes.
- Engages in a service role for Mason in promoting active transportation to the Mason community and beyond.

Please attach a brief citation of approximately 65-70 words describing the achievements of the nominee and how he/she meets the criteria.

In writing the citation copy, please compose it to be read aloud easily at the ceremony. Keep in mind that the award will be displayed on the recipient's wall—ask yourself how you think the recipient would want to be remembered for his/her accomplishments.

In addition, please consider including several letters of support which describe how the nominee meets the criteria.

Send this completed form, attached citation copy, and letters of support to: Parking and Transportation, Mailstop 1J6 or by email to transpo@gmu.edu by February 1.